



Difficult Airway Management : Made Easy

Dr.Venugopalan P P DA,DNB,MNAMS,MEM-GW Director ,Aster DM Health care



Making difficult airway "easy" is difficult.
But Anticipation, Acquiring skill, knowledge& practice and Adequate preparedness will do it





This session is try to answer

- What is an Difficult airway?
- What are the causes for Difficulty?
- How will you predict it?
- How will you manage it ?
- What are the pearls and do's and don'ts
- Manthras in difficult airway positions



Declaration:

I don't have any conflict of interest to declare on this presentation and I am not promoting or supporting any specific company or produc. The various equipment described in the session are purely based on academic interest only.



What is meant by Difficult airway?

- The clinical situation in which a conventionally trained anaesthesiologist experiences difficulty with FMV of the upper airway, tracheal intubation, or both.!
- Represents a *complex interaction* between patient factors, the clinical setting, and the skills of the practitioner.





History

Congenital airway abnormalities:

e.g. Pierre Robin, Klippel- Feil, Down's syndromes

Acquired

Rheumatoid arthritis, Acromegaly, Benign and malignant tumors of tongue, larynx etc.

latrogenic

Oral/pharyngeal radiotherapy, Laryngeal/tracheal surgery, TMJ surgery.

Reported previous anaesthetic/ Intubation problems

Dental damage, Emergency tracheostomy, Med-alerts from the previous record etc.



GENERAL EXAMINATION

Adverse anatomical features:

Small mouth, receding chin, high arched palate, large tongue, morbid obesity

Mechanical limitation:

reduced mouth opening, post-radiotherapy fibrosis, poor cervical spine movement

Poor dentition:

Prominent/loose teeth

Orthopaedic/orthodontic equipment.

Patency of the nasal passage



Basic categories

AIRWAY EVALUATION

- a) Evaluation of tongue size relative to pharynx
 - b) Mandibular space
 - c) Assessment of glottic opening.
 - d) Mobility of the joints1.TMJ2.Neck mobility



Airway assessment indices

4.Advanced indices

- Flow volume loop
- Acoustic response measurement
- Ultra sound guided
- CT/MRI
- Flexible bronchoscope

1.Individual indices
2.Group indices
Wilson's score
Benumof's analysis
Saghei & safavi test

Lemon assesment

3.Radiological indices

a)X Ray Neck[Lataral] b)CT Scan c)Helical CT d)USG

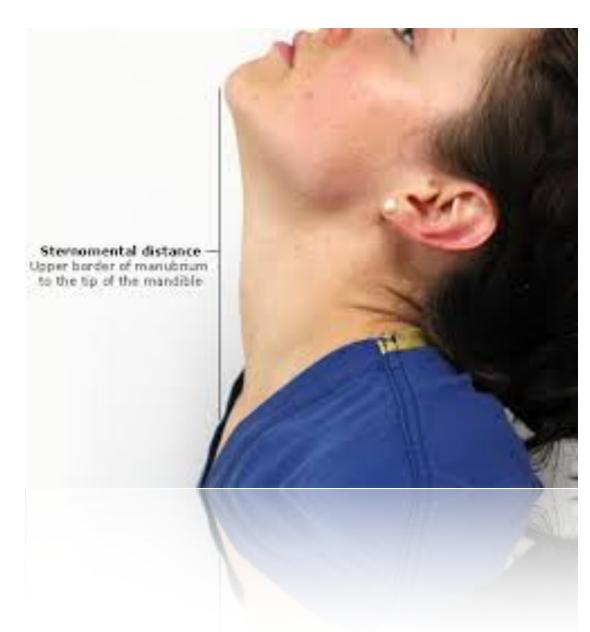


STERNO-MENTAL DISTANCE (SAVVA TEST)

• Distance from the upper border of the manubrium to the tip of mentum, neck fully extended, mouth closed

• Minimal acceptable value – 12.5 cm

• Single best predictor of difficult laryngoscopy and intubation (Has high sensitivity & specificity).





Radiological Airway assessment

X-Ray neck (lateral view)

- 1. Occiput C1 spinous process distance< 5mm.
- 2. Increase in posterior mandible depth > 2.5cm.
- 3. Ratio of effective mandibular length to its posterior depth <3.6.
- 4. Tracheal compression

Bed side Ultrasound Trachea, Soft tissues

CT Scan:

- 1. Tumors of floor of mouth, pharynx, larynx
- 2. Cervical spine trauma, inflammation
- 3. Mediastinal mass

Helical CT (3D-reconstruction):

• Exact location and degree of airway compression



Wilson's risk score

		Score
Weigh	ht	0=<90kg 1=>90kg 2=>110kg
Head neck move	5757.55	0=Above 90degrees 1=About 90degrees 2=Below 90degrees
Jaw move	ment	0=IG>5cm or SLux >0 1=IG<5cm and SLux = 0 2=IG<5cm and SLux<0
Reced	_	0=Normal 1=Moderate 2=Severe
Buck	teeth	0=Normal 1=Moderate 2=Severe

- Head movement assessed with pencil taped to a patient's forehead.
- •IG = Interincisor gap measured with mouth fully open.
- SLux = Maximal forward protrusion of the lower incisors beyond the upper incisors.
- •score 5 or < =easy laryngoscopy</pre>
- •Score 8-10 =severe difficulty in laryngoscopy



BENUMOF'S 11 PARAMETER ANALYSIS

Parameter Minimum acceptable value

Buck teeth <1.5cm

Subluxation Absent

Interincisor gap Yes

4. Palate configuration >3cm

Mallampati class No arching/narrowness 4-2-2-3 rule

6. Upper inciors length <2 4 for tooth

7. TM distance > 5cm 2 for inside of mouth

SMS compliance Soft to palpation.
 2 for mandibular space

Neck thickness Qualitative (>33cm DI) 3 for neck examination.

Length of neck >8cm

Head /neck mvt Normal range



Group indices

1. SAGHEI & SAFAVI'S

• Weight >80kg

Tongue protrusion < 3.2cm

Mouth opening <5cm

Upper incisor length >1.5cm

Mallampati class >1

Head extension <70 degree

Any 3 indices if present - Prolonged laryngoscopy



Spectrum of difficulty

Difficulty at 4 level

- Spontaneous/mask ventilation
- Standard tracheal intubation
- Supra glottic airway
- Surgical Airway



BOX 1-2

MOANS Mnemonic for Evaluation of Difficult Bag-Mask Ventilation

Mask seal

Obstruction or obesity

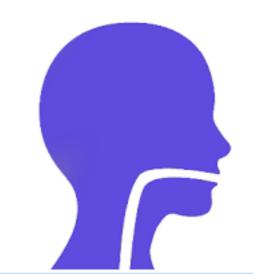
Aged

No teeth

Stiffness (resistance to ventilation)

Adapted with permission from The Difficult Airway Course: Emergency and Walls R 1, Murphy MF, eds. Manual of Emergency Airway Management, 4th ed. Philadelph : Lippincott, Williams & Wilkins; 2012.





A B C

- A. Inter-incisor distance in fingers (3)
- B. Hyoid mental distance in fingers (3)
- C. Thyroid to floor of mouth in fingers (2)

FIGURE 14.6 LEMON airway assessment method. (Murphy MF, Wall RM. The difficult and failed airway. In: Manual of Emergency Airway Management. Chicago, IL: Lippincott W I iams and Wilkins: 2000;31–39.)



Source: Hung DR, Murphy MF: Management of the Difficult and Failed Airway, 2nd Edition www.accessariesthesiology.com

BOX 1-1

LEMON Approach for Evaluation of Difficult Direct Laryngoscopy

Look externally for signs of difficult intubation (by gestalt)

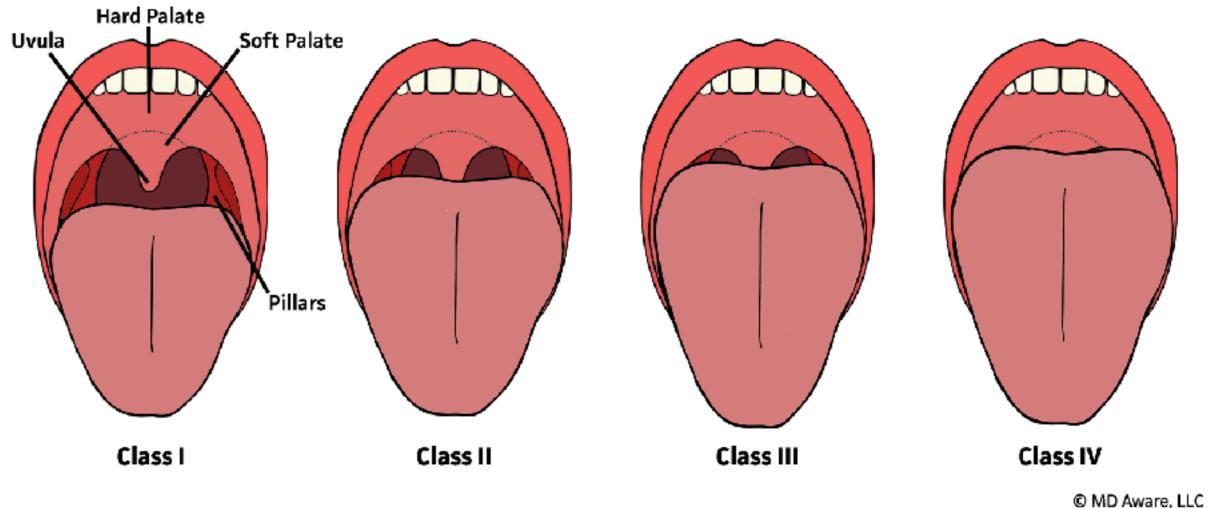
Evaluate the "3-3-2 rule"

Mallampati

Obstruction or obesity

Neck mobility

Adapted with permission from The Difficult Airway Course: Emergency and Walls RM, Murphy MF (eds). Manual of Emergency Airway Management, 4th ed. Philadelphia: Lippincott, Williams & Wilkins; 2014.



WID Aware, LL

SIGNIFICANCE OF MMP SCORE

- Class III or IV: signifies that the angle between the base of tongue and laryngeal inlet is more acute and not conducive for easy laryngoscopy
- Limitations
- Poor inter observer reliability Limited accuracy
- Good predictor in pregnancy, obesity, acromegaly



LEMON in ED

Mallampatti is not possible in Crash airway management and Unresponsive patients

LEON

Neck mobility can't do in Trauma





CL -Classification

Anaesthesia, 1984, Volume 39, pages 1105-1111

Epiglottis Vocal cord R. S. CORMACK AND J. LEHANE Grade I Grade III Grade III Grade IV



COOK MODIFICATION! CORMACK-LEHANE CLASSIFICATION

S. M. Yentis and D. J. H. Lee • Grading of direct laryngoscopy

Anaesthesia, 1998, **53**, pages 1041–1044

	1	2		3	4
Original Cormack and Lehane system	Full view of the glottis	Partial view of the glottis or arytenoids		Only epiglottis visible	Neither glottis nor epiglottis visible
View at laryngoscopy	E	5			
Modified system	1 As for original Cormack and Lehane above	2a Partial view of the glottis	2b Arytenoids or posterior part of the vocal cords only just visible	3 As for original Cormack and Lehane above	4 As for original Cormack and Lehane above

Figure 1 Description of the two scoring systems used. E = epiglottis, LI = laryngeal inlet.



Cormack-Lehane 1:



Cormack-Lehane 2a:



Cormack-Lehane 2b:



Cormack-Lehane 3:

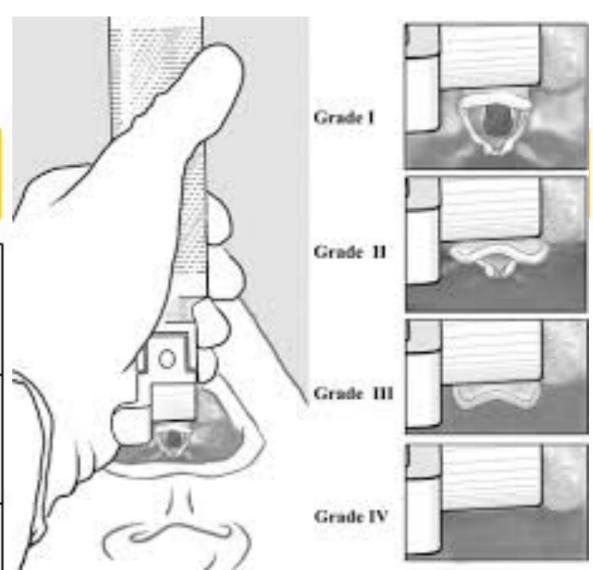


Cormack-Lehane 4:



Grading ease of intubation

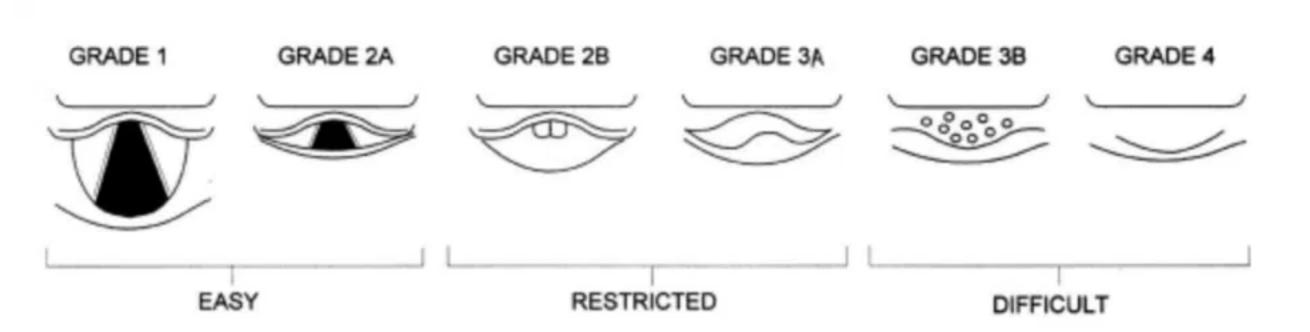
Grade 1	Extrinsic manipulation of larynx not required
Grade 2	Extrinsic manipulation of larynx required
Grade 3	Intubation possible with stylet guided
Grade 4	Failed intubation

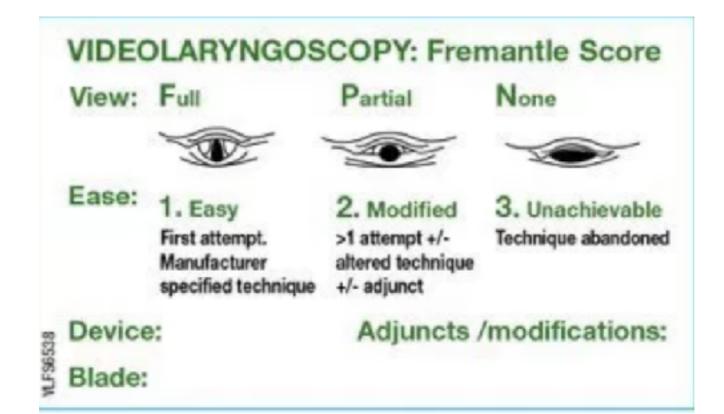


DEVICE TO RECORD EXACT % OF GLOTTIC OPENING THAT CAN BE VISUALISED BY THIS DEVICE



Various modifications to this scheme have been proposed for use with video laryngoscopy (VL), including suggestions by Cook and Fremantle:







8 cm 7 cm 6 cm 5 cm 3 cm 2 cm 4 cm TM distance TM, Thyro-mental distance > 7.5 cm 6-7.5 cm Thyroid cart. to Mentis < 6 cm (Warning) Mouth opening (M0) > 4 cm MO < 3 cm Inter incisive distance (Warning) Neck extension: <10° >30° 10°-30' Upper-Lip-Bite-Test: Grade I (yes) Grade III (no) Grade II (yes) Grade III (yes) Instruments: Direct Laryngoscopy Videolaryngoscopy Intubation Fiberscope and/or BONFILS Class I Class II Class III Class IV Mallampati Class I-IV At class III-IV, 50% are difficult to intubate Grade I Grade II Grade III **Grade IV** Cormack & Lehane Grade I-IV At grade III-IV it is difficult or impossible to intubate

If the patient once had a difficult airway, the risk is high that this will happer to in

What was difficult last time?

BOX 1-3

RODS Mnemonic for Evaluation of Difficult Extraglottic Device Placement

Restricted mouth opening
Obstruction or obesity
Distorted anatomy
Stiffness (resistance to ventilation)

Adapted with permission from The Difficult
Airway Course: Emergency and Walls RM,
Murphy MF, eds. Manual of Emergency
Airway Management, 4th ed. Philadelphia:
Lippincott, Williams & Wilkins; 2012



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SMART Mnemonic for Evaluation of Difficult Cricothyrotomy

Surgery

Mass (abscess, hematoma)

Access/anatomy problems (obesity, edema)

Radiation

*T*umor

Adapted with permission from The Difficult Airway Course: Emergency and Walls RM, Murphy MF, eds. Manual of Emergency Airway Management, 4th ed. Philadelphia: Lippincott, Williams & Wilkins; 2012.







What & Where are the Equipment to manage Difficult airway?



Must available

DAM Kit / Kart

Functioning suction

Oxygen source

Monitors

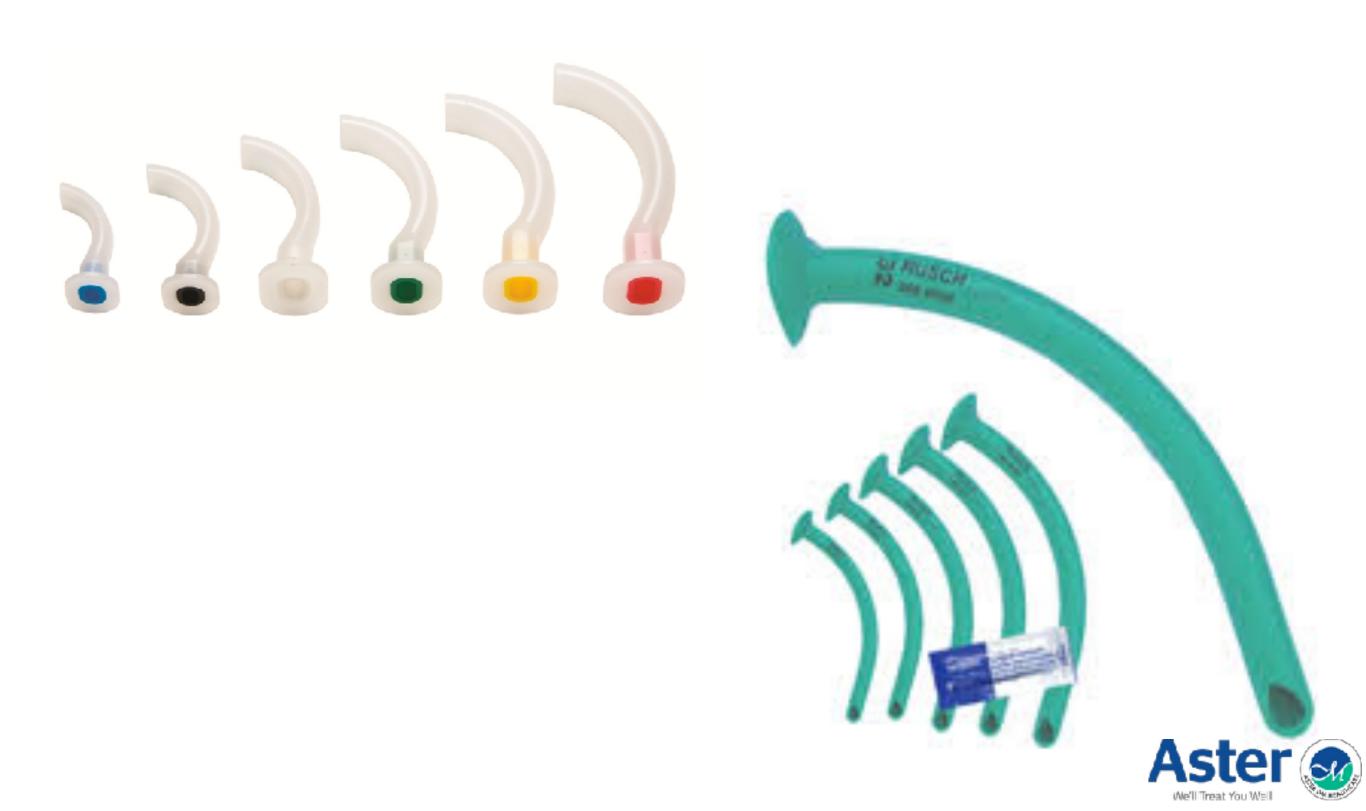
 Ventilation and Oxygenation devices

Emergency drugs





OPA and NPA



Stylet





Forceps

• Magill forceps: Double angled forceps have grasping ends in the axis of ETT and handle at the right angle



• Tube bender forceps
(Aillon forceps): These
have unequal limbs which
can bend the distal end of the
ETT in the desired direction





Machintosh and Miller Blades







Different Laryngoscopes for difficult airway

- Left handed Macintosh blade for left handed laryngoscopists
- Improved vision Macintosh blade
- Polio Blade The angle between the blade and the handle is made obtuse.







- Abnormalities of Rt side of Face
- Abnormalities of Rt Oropharynx
- Lt handed persons
- Intubations in Rt lateral position
- Positioning a tracheal tube directly on the left side of mouth







Different Laryngoscopes for difficult airway

• Laryngoscope with "stunted" or short handle: useful in obese patients and in patients with large breast.



- Oxiport Macintosh: It has an oxygen port in the blade allowing oxygen insufflation during intubation attempts.
- Tull Macintosh: This blade has a suction port.



Different Laryngoscopes for difficult airway

- Siker blade: has stainless steel mirrored surface which permits visualisation of an "anterior" larynx. It gives an inverted image.
- Huffman Prism: Images are real. Prism should be placed in warm water for 30 sec on antifog solution to prevent fogging







Maccoy Laryngoscope







Eclipse Tilting Tip blade by Timesco, similar in function to a McCoy blade

Eclipse Tilting tip blade





Bullard Laryngoscope

- Fiber-optic laryngoscope with a built in rigid 90⁰ curved blade.
- It is battery operated Eye piece is attached to the main body of the scope at 45⁰ angle.
- Useful in mid-facial hypoplasia syndrome & unstable cervical spines.





Upsher fibre optic laryngoscope

- Combines fibreoptic round the corner viewing with manoeuvrability.
- The tip of blade is advanced until it comes to rest close to the cords.
- The tube sits in the semi-enclosed space in the blade.
- The variable focus eye piece enables the operator to obtain uninterrupted view of the procedure.
- The eye piece can be attached to T.V.
 Camera for teaching purposes.





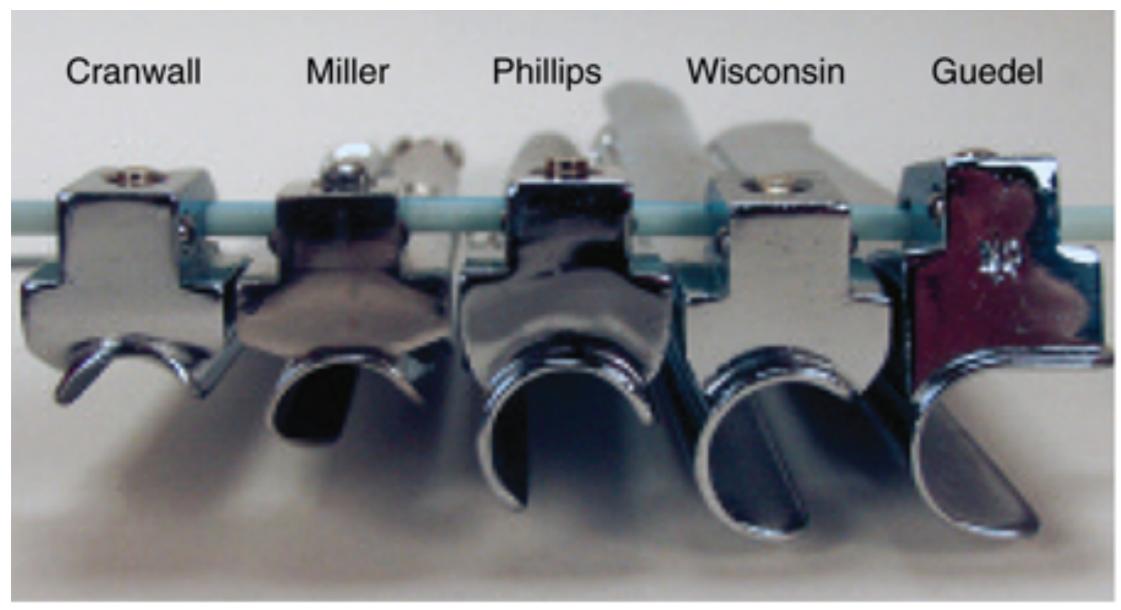
Belscope

- Long angulated blade with 45⁰ bend at midpoint and a detachable prism.
- Minimizes damage to teeth, due to angulation – the blade stays away from upper teeth.
- Gives a good view of larynx when the macintosh blade gives grade 3 view





Other blades



Source: Hung OR, Murphy MF: Management of the Difficult and Failed Airway, 2nd Edition: www.accessanesthesiology.com

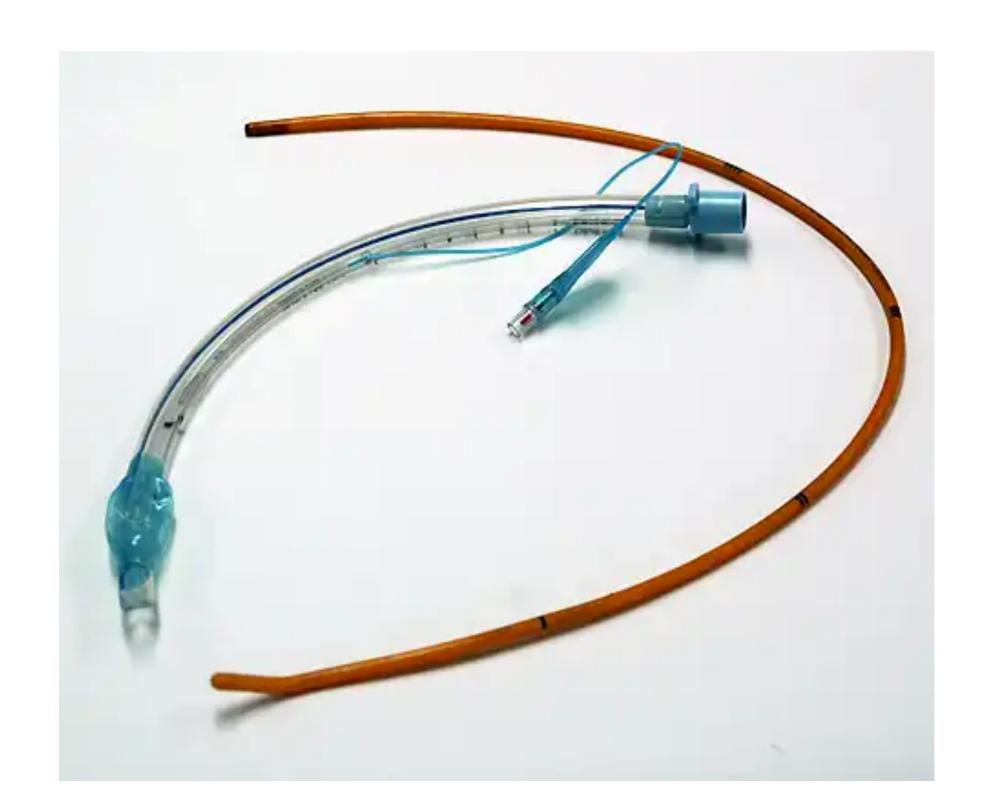


Endotracheal Tube



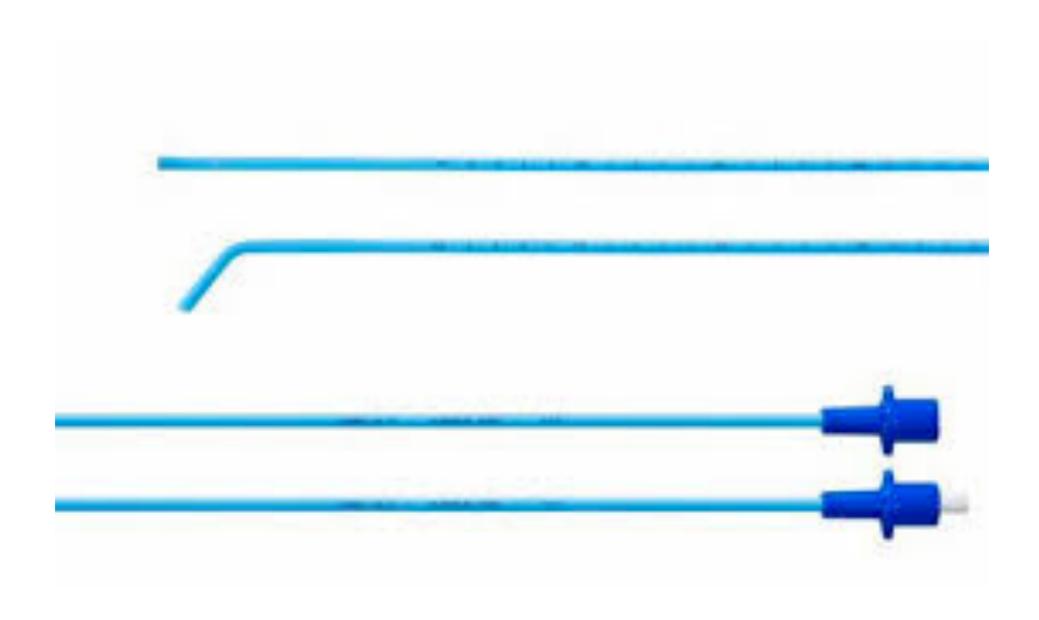


Gum elastic bougie





Tube exchanger







The standard laryngeal mask airway (LMA Classic) is available in sizes from infant to large adult.



LMA PROSEAL & LMA SUPREME



Permit posterior pharyngeal suctioning

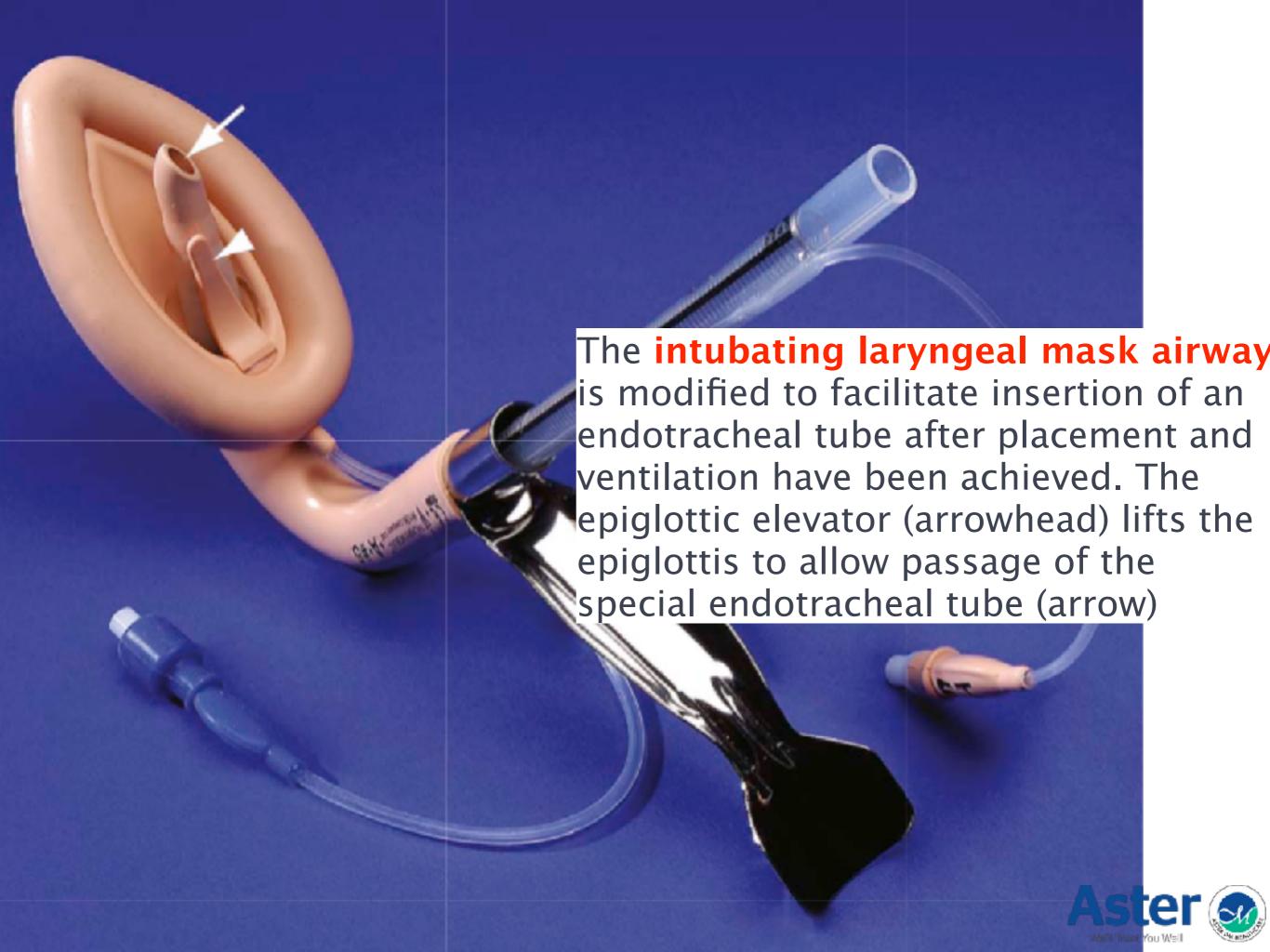


- Large inflatable <u>plastic</u> cuff no post cuff.
- Finns in the mask of bowl to prevent epiglottic obstruction.
- Pharyngeal seal intermediate between cLMA and Proseal LMA.

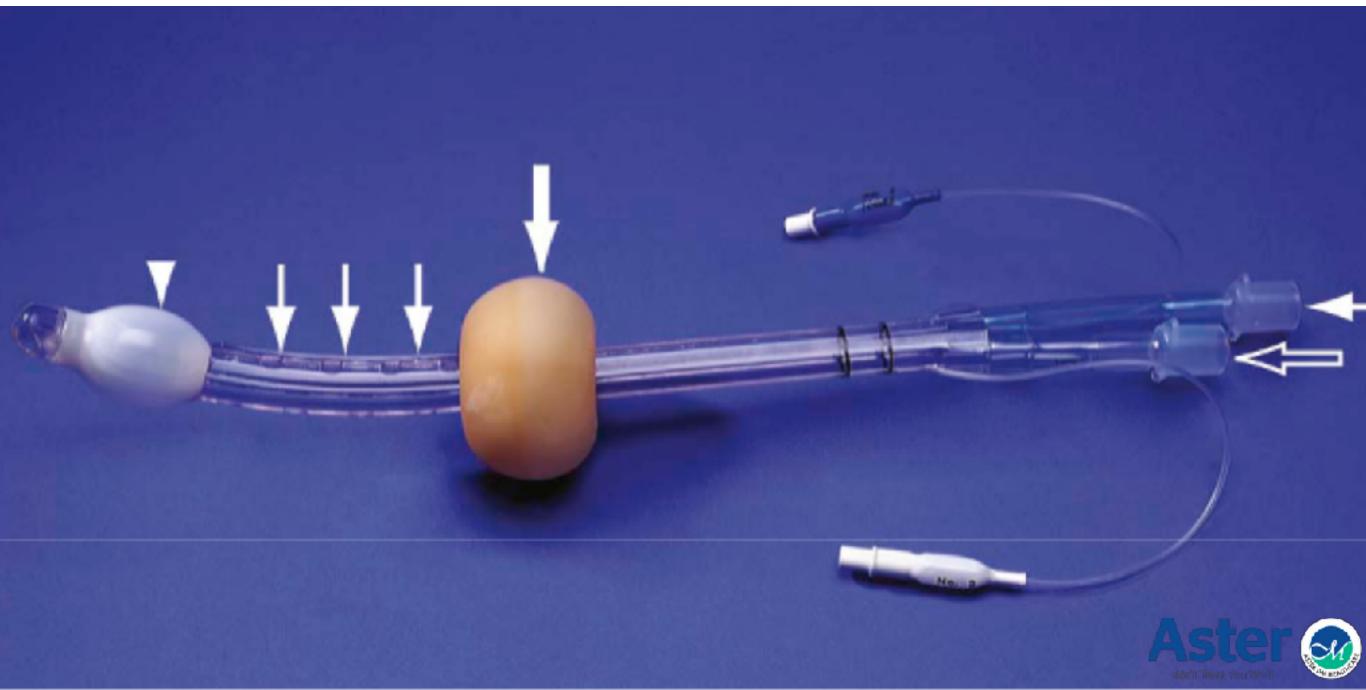


The i-gel mask airway does not have an inflatable cuff and is available in sizes from infant to adult



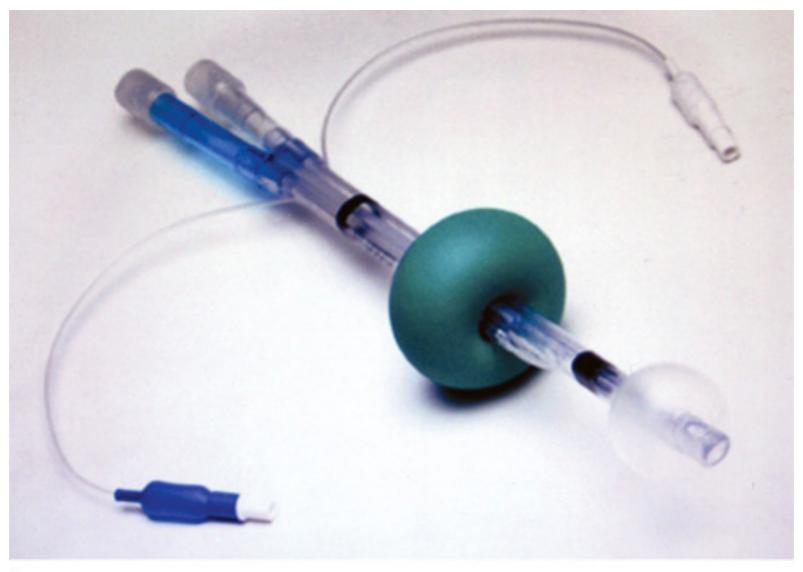


The **Combitube** is inserted through the mouth blindly, although a laryngoscope can be used if desired. It seats itself in the esophagus more than 95% of the time, and ventilation is performed through the proximal lumen and side ports (white arrows) after inflation of the two balloons. The lower balloon (arrowhead) occludes the esophagus. The upper (large) balloon (thick arrow) occludes the oropharynx. If the tube is in the trachea, the alternate lumen (clear arrow) is used for ventilation.



Pharyngo-tracheal lumen airway - it is double lumen tube consisting of a long tube with a distal cuff (15 cc) designed to be inflated in esophagus and shorter tube that protrudes through the larger tube and past alarge proximal cuff (100 cc) to ventillate the

lungs.

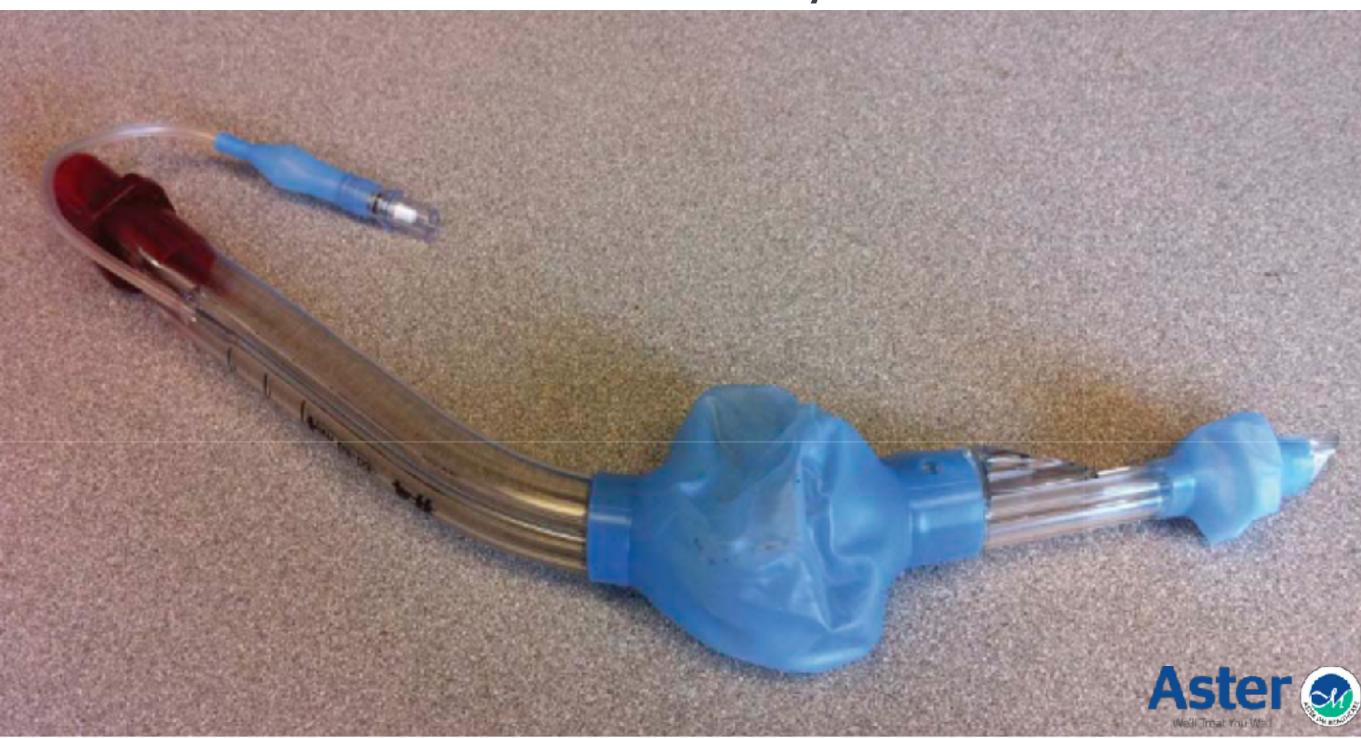


C

Source: Tintinalli JE, Stapczynski JS, Ma OJ, Cline DM, Cydulka RK, Meckler GD: Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 7th Edition: http://www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved.



King laryngeal tube incorporates two cuffs but inflates with a single bolus of air. There is a channel in the back for passage of an orogastric tube. It is available in a variety of adult sizes.

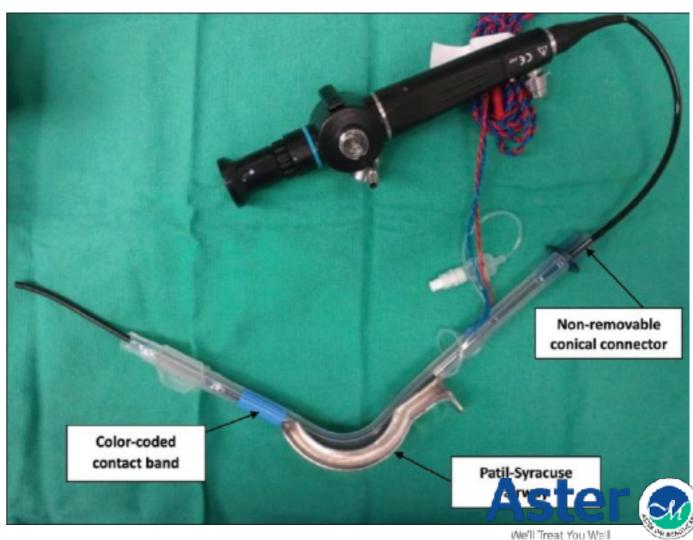


Ovassapian fiberoptic intubating airway



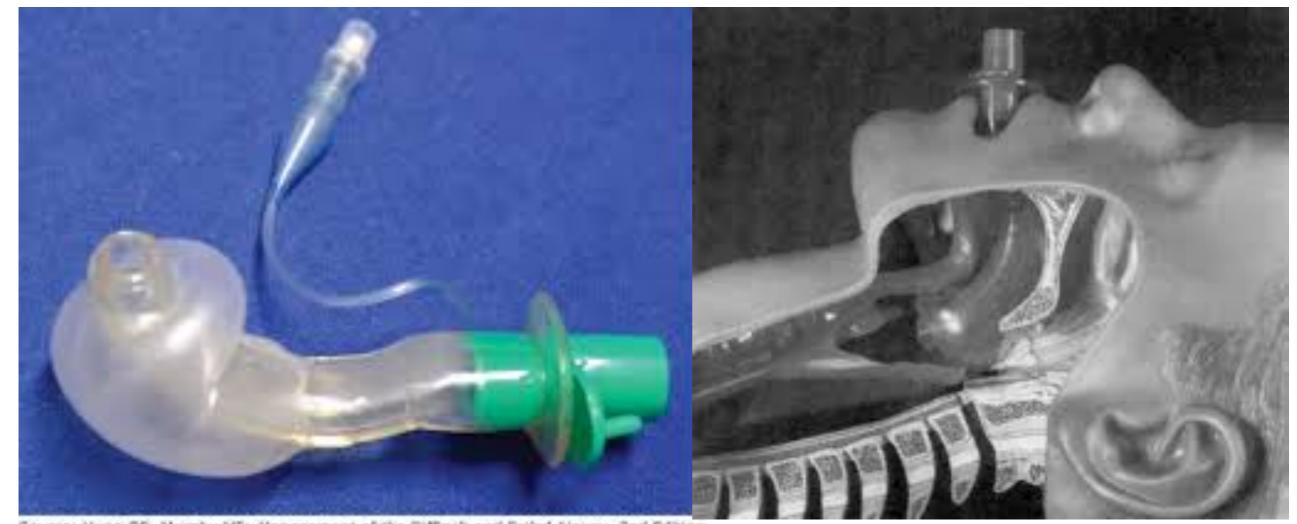
Patils syracuse oral airway





COPA (Cuffed Oropharyngeal airway)-

Disposable device that combines a guided airway with an inflatable distal high volume low pressure cuff and a proximal 15mm adapter. - distal tip should be behind base of tongue



Source: Hung CR, Murphy MF: Management of the Difficult and Falled Airwey, 2nd Edition: www.accessanesthesiology.com





Pharyngeal airway Xpress – Curved tube with anatomically shaped gilled distal tip, large oropharyngeal cuff and an open hooded window that **allows ventilation**. More **effective seal** than LMA.

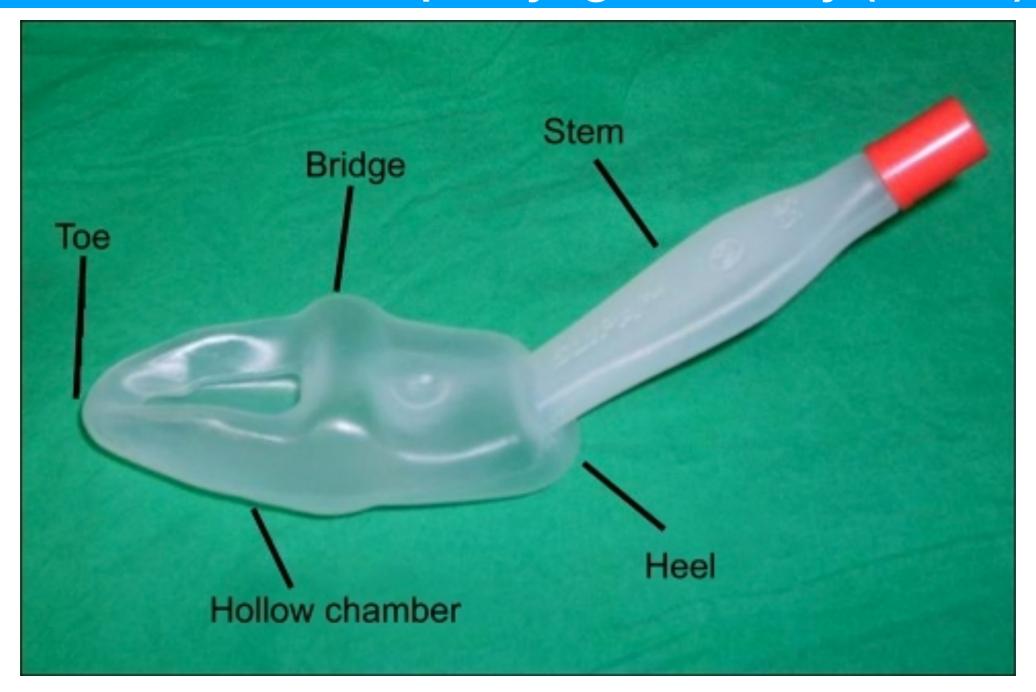


Source: Hung OR, Murphy MF: Management of the Difficult and Failed Airway, 2nd Edition: www.accessanesthesiology.com

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Streamlined liner of pharyngeal airway (SLIPA)



New type of SLA device that does not have a cuff, rather, it has a preformed plastic that fits anatomically to the shape of the pharynx. This device allows one to give positive pressure ventilation to the patient without cuff

GlideScope AVL (Verathon Inc.) uses a high-resolution digital display; includes single-use Stats (blade sheaths) that cover the video baton; and has the ability to record still images and video



BONFILS retromolar intubation fibrescope

- Utilises the para glossal technique of intubation
- •It is a 5mm optical, distally curved stylet which can accommodate a 6mm or larger ET tube
- Permits continuous oxygen insufflation
- Light supplied via remote Xenon source
- Can be attached to a module with image display



Intubation Fiberoscope





The Clarus Video System (Clarus Medical) incorporates a curved fiberoptic stylet surrounded by a malleable but rigid protective metal sheath. Images are displayed on a video screen attached to the handle. The screen can swivel for optimal viewing as the stylet is inserted into the mouth.





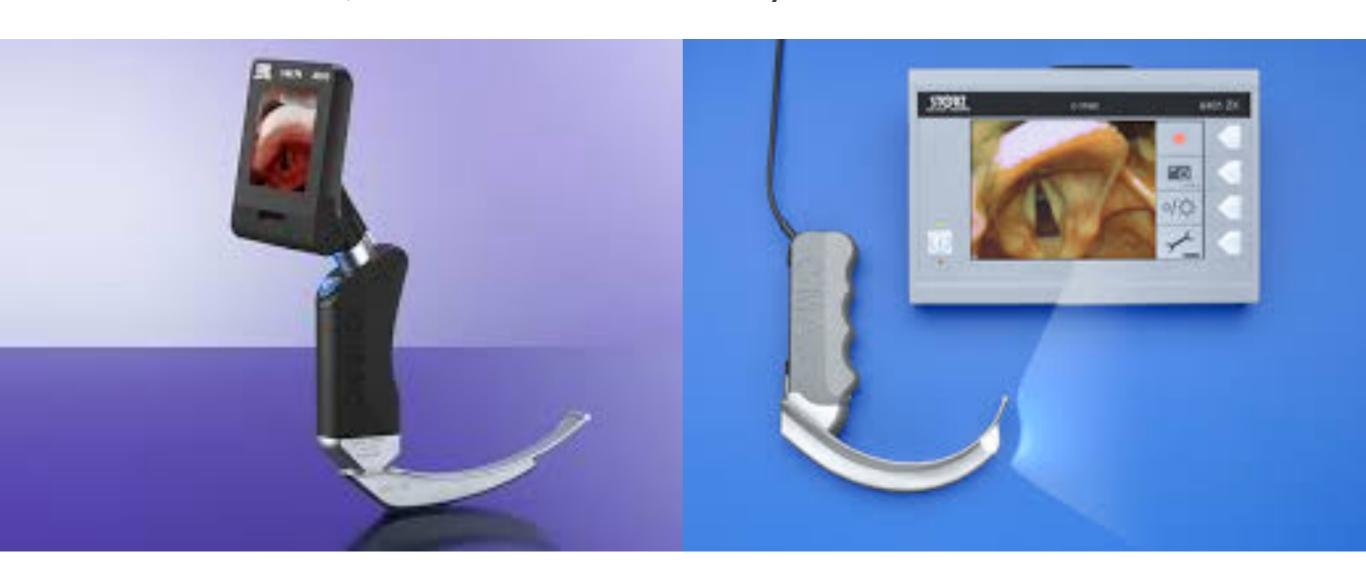
The Shikani optical stylet (SOS; Clarus Optical) with endotracheal tube mounted. The eyepiece and battery pack are at the right.







The C-MAC video laryngoscope (Karl Storz Endoscopy) uses an integrated Complementary Metal Oxide Semiconductor (CMOS) video chip to capture a video image from near the distal tip of an otherwise conventional laryngoscope blade. The image is conveyed to a video screen, where it is viewed by the intubator.







Universal Surgical Cric Set







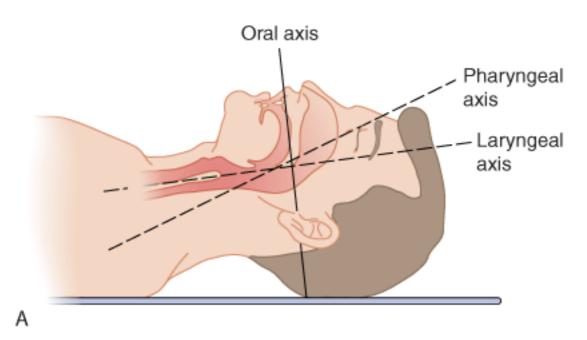
Surgical Airway

Indications

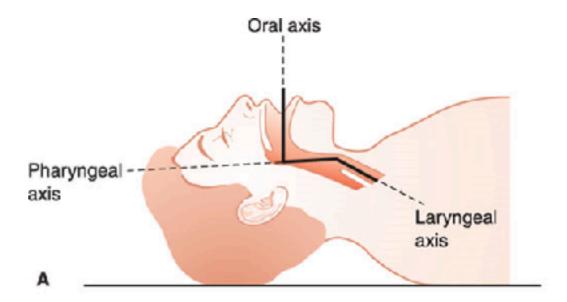
- 1) Obstruction
- 2) Facial Trauma
- 3) Intubation or other Alternatives impossible
 - 4) Trismus
 - 50) Age more than 8 years

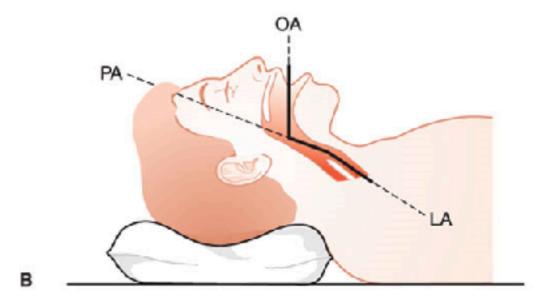


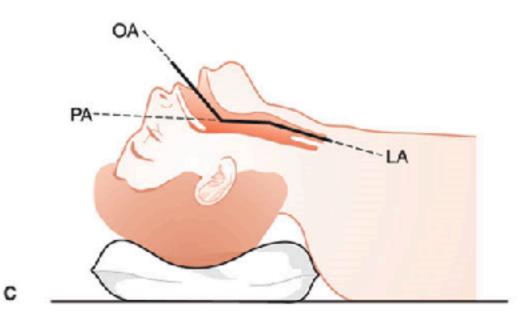
Position



Source: Tintinalli JE, Stapczynski JS, Ma OJ, Cline DM, Cydulka RK, Meckler GD: Tintinalli's Emergency Medicine: A Comprehensive Study Guide, 7th Edition: http://www.accessmedicine.com Copyright @ The McGraw-Hill Companies, Inc. All rights reserved.







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Troop Elevation Pillow



Difficult airway - Task

- Inform
- Ascertain help
- Pre-oxygenation
- Supplemental oxygenation throughout

- Rigid laryngoscope blades
- ETTs
- ETT guides/bougie
- LMAs
- FOI equipments
- Retrograde intubation kit
- Emergency non invasive airway ventilation device.
- Emergency invasive airway access
- Exhaled CO2 detector



What are we going to do if we don't get the Tube placement??

Plan "A", "B" and "C" Approach

A- Alternate

B-BVM and other ventilation technique

C-Cant ventilate ,Cant intubate scenario



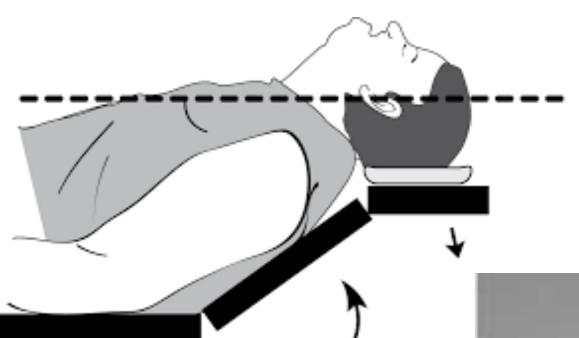
Plan A- Alternate

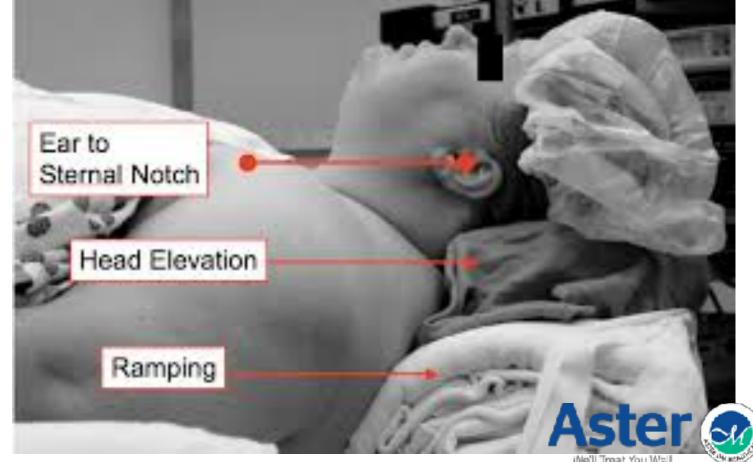
- Different length of blade
- Different type of blade
- Different position

- Bougie
- Light wand guided
- Call for help
- Best attempt laryngoscopy



RAMP position

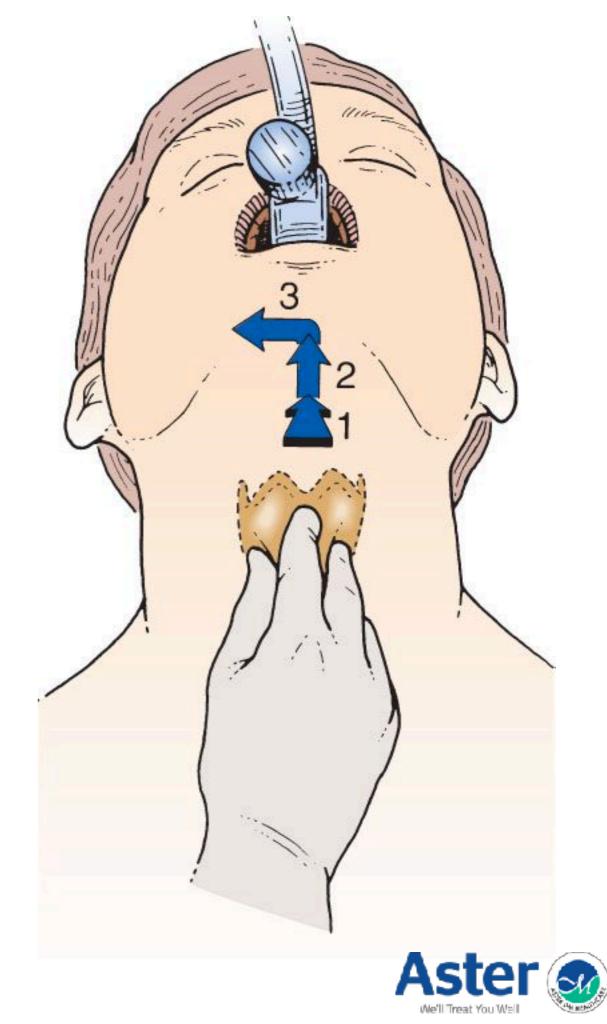




"BURP" & "External Laryngeal Manipulation"

• Backward, Upward, Rightward Pressure: manipulation of the trachea

• 90% of the time the best view will be obtained by pressing over the thyroid cartilage



Bimanual Laryngoscopy



Plan B-BVM and other ventilation strategies

- Can we Ventilate with a BVM? (Consider two NPA's or a OPA, gentle Ventilation)
- Two person ventilation
- LMA an Option?
- Other supra glottic airway?

ILMA?

- Combi-Tube?
- Kings airway

• Retrograde Intubation?

We should have an assistant at this stage



Difficult BMV

• Optimal Attempt at BMV

- 2 person effort!
- Triple Airway Maneuver:!

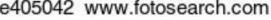
T: *tilt head!*

A: advance mandible!

M: *mouth open!*

• Large oropharyngeal and/or nasopharyngeal airways!



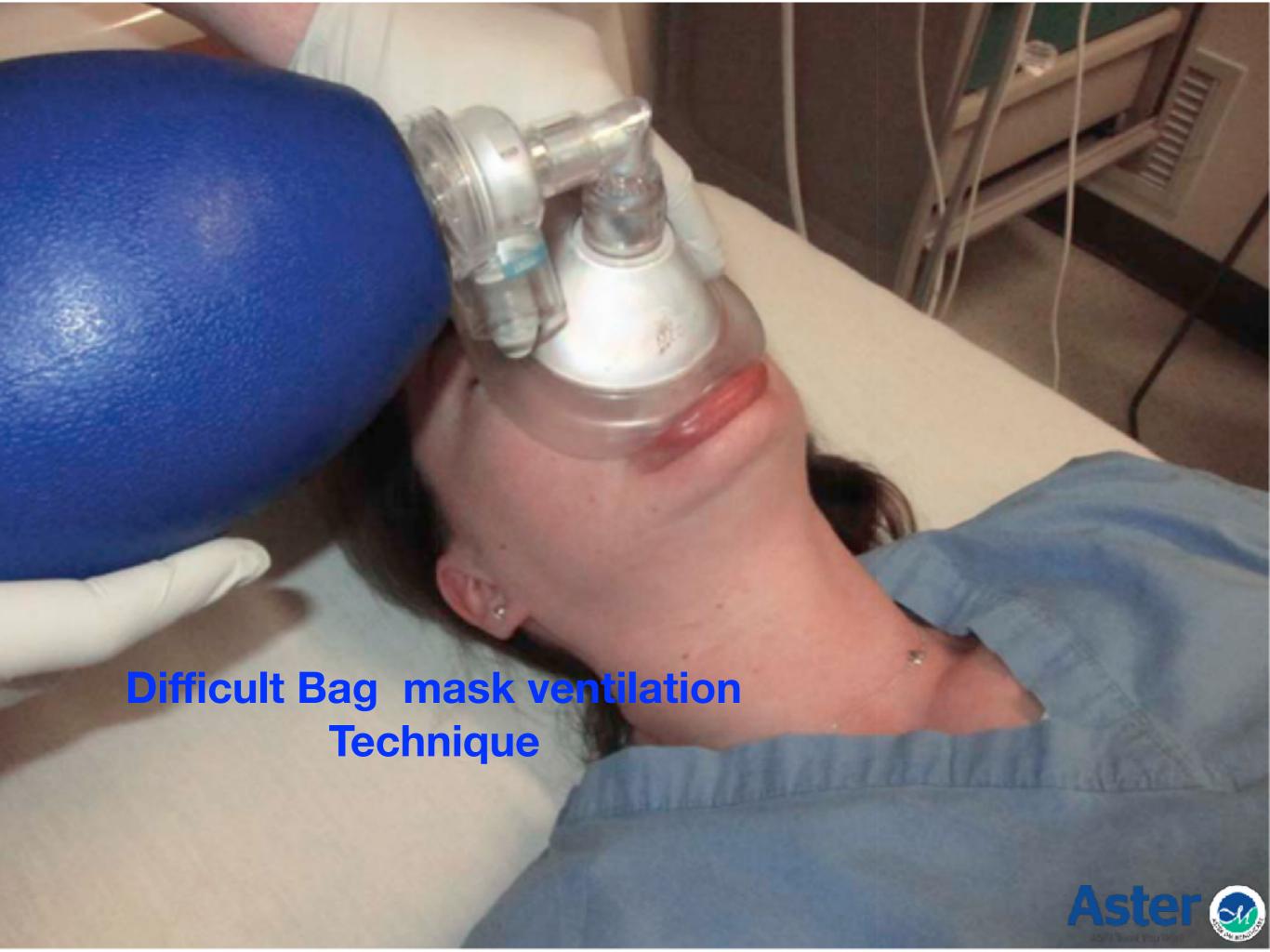




Difficult BMV







Plan C - Cant intubate... Can't ventilate scenario

- Needle cric
- Surgical crico thyroidectomy
- TTJVTracheostomy
- Try to wake up the patient from the time we fail intubation.





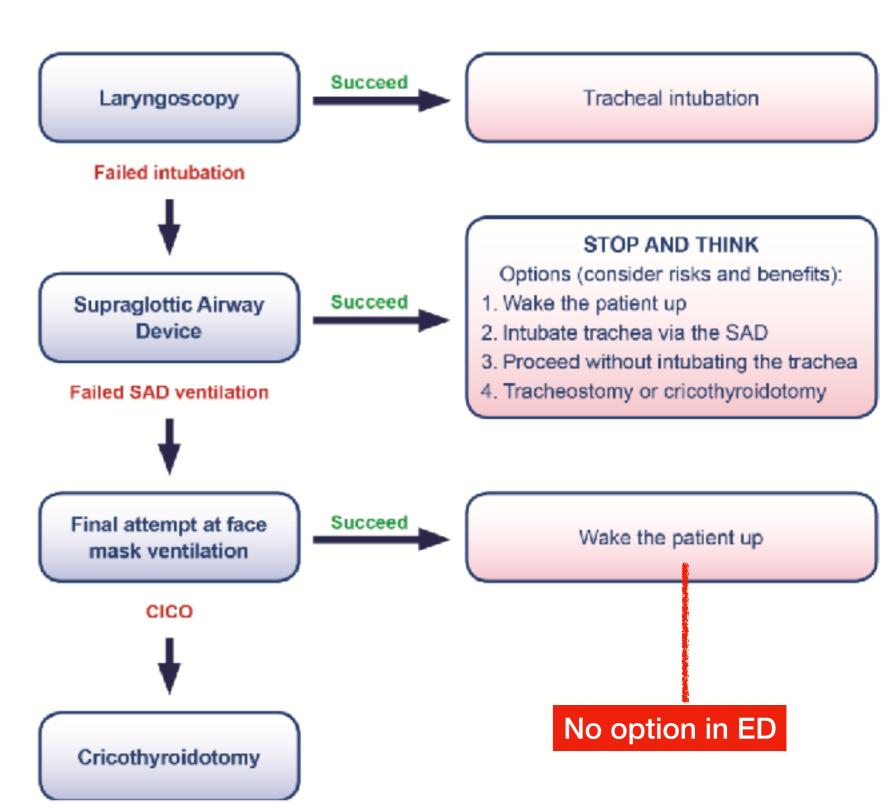
DAS Difficult intubation guidelines – overview

Plan A: Facemask ventilation and tracheal intubation

Plan B: Maintaining oxygenation: SAD insertion

Plan C: Facemask ventilation

Plan D: Emergency front of neck access





The Emergency Airway Cognitive Tool



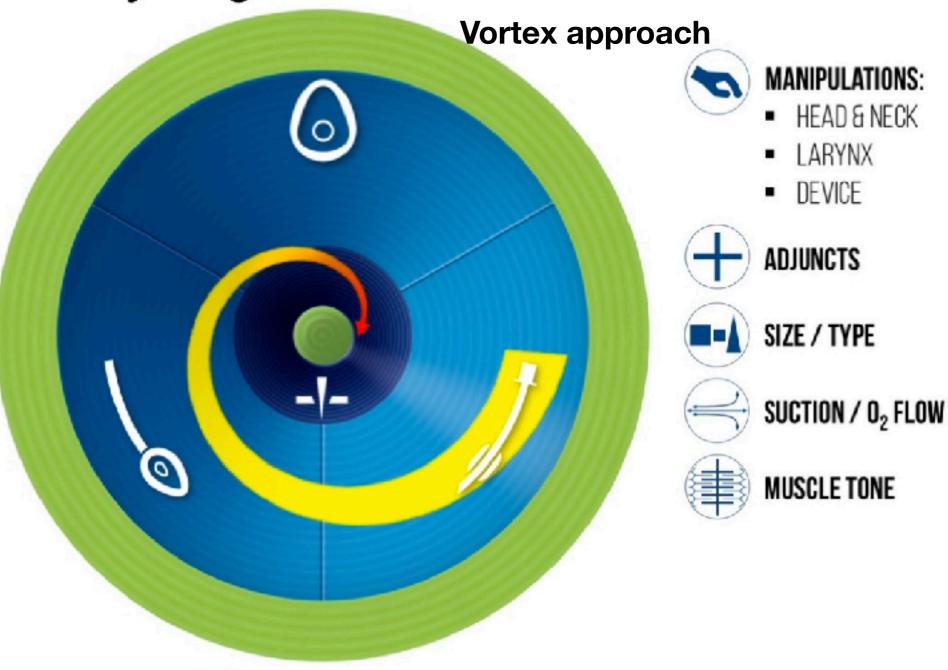
1st look direct C-Mac Stylet/bougie



2nd generation Supraglottic Airway Device



2 person technique Oral +/- Nasal airway





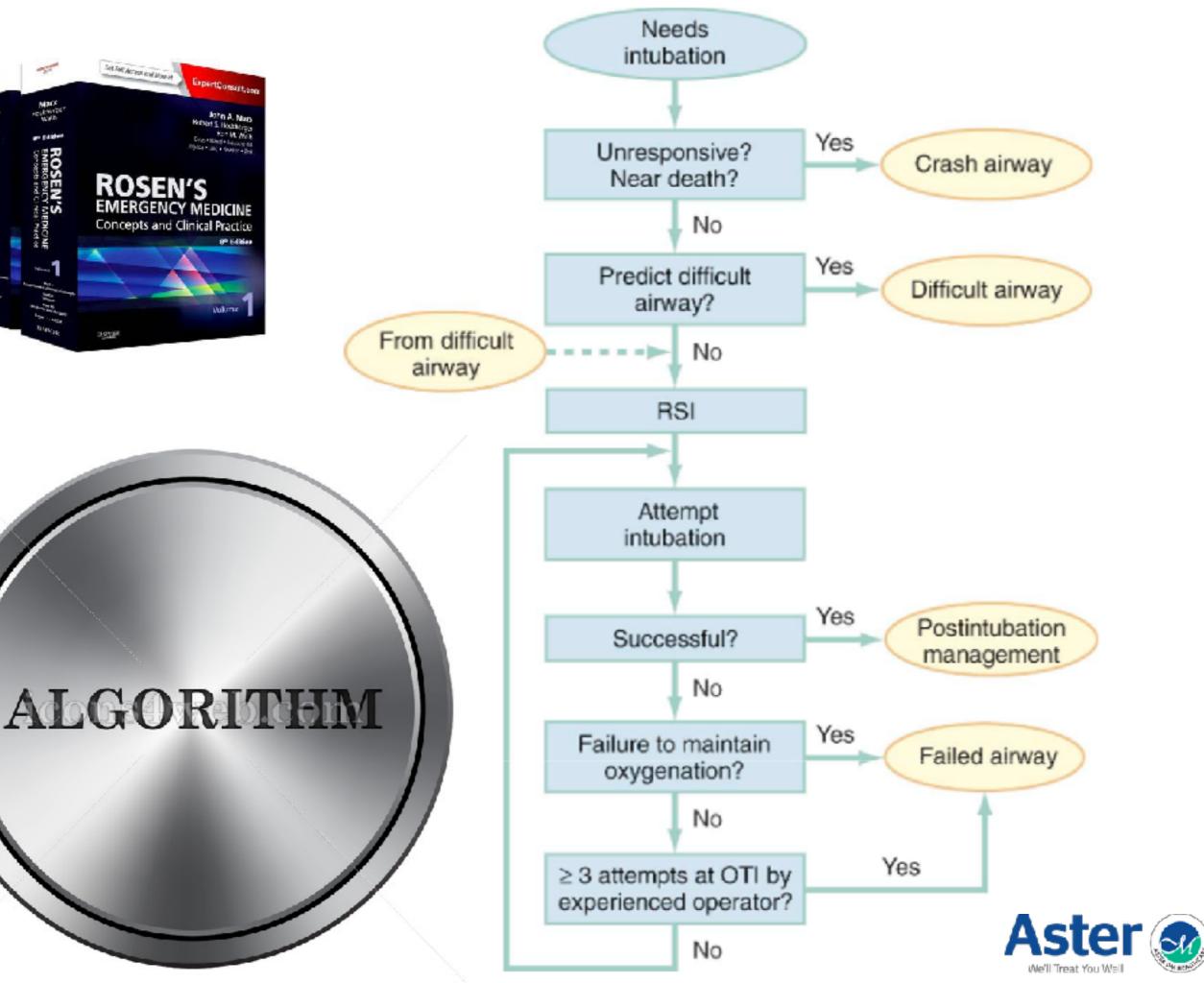
Needle or Surgical Cricothyroidotomy



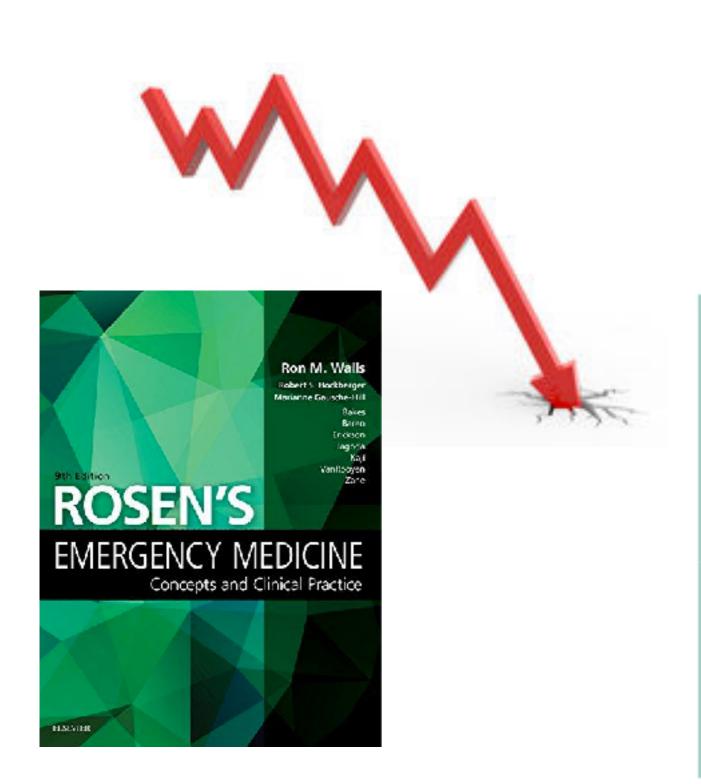


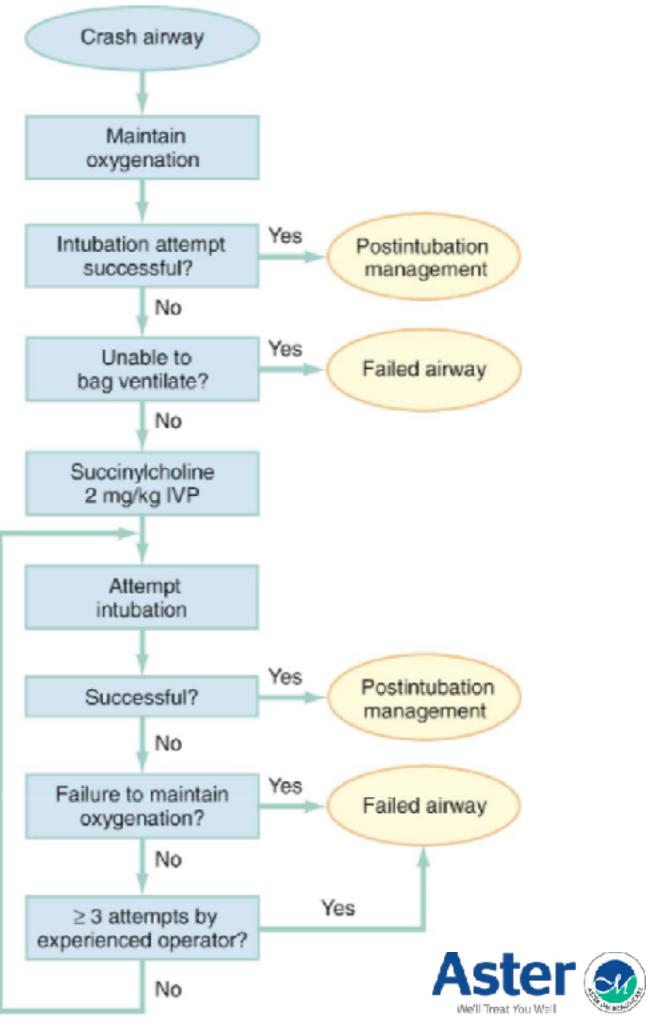


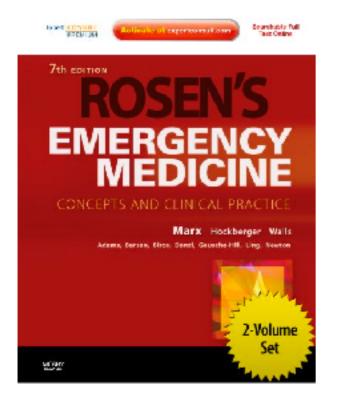




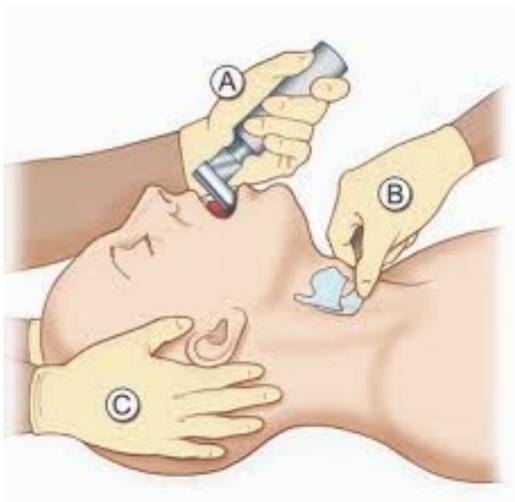
Crash Airway

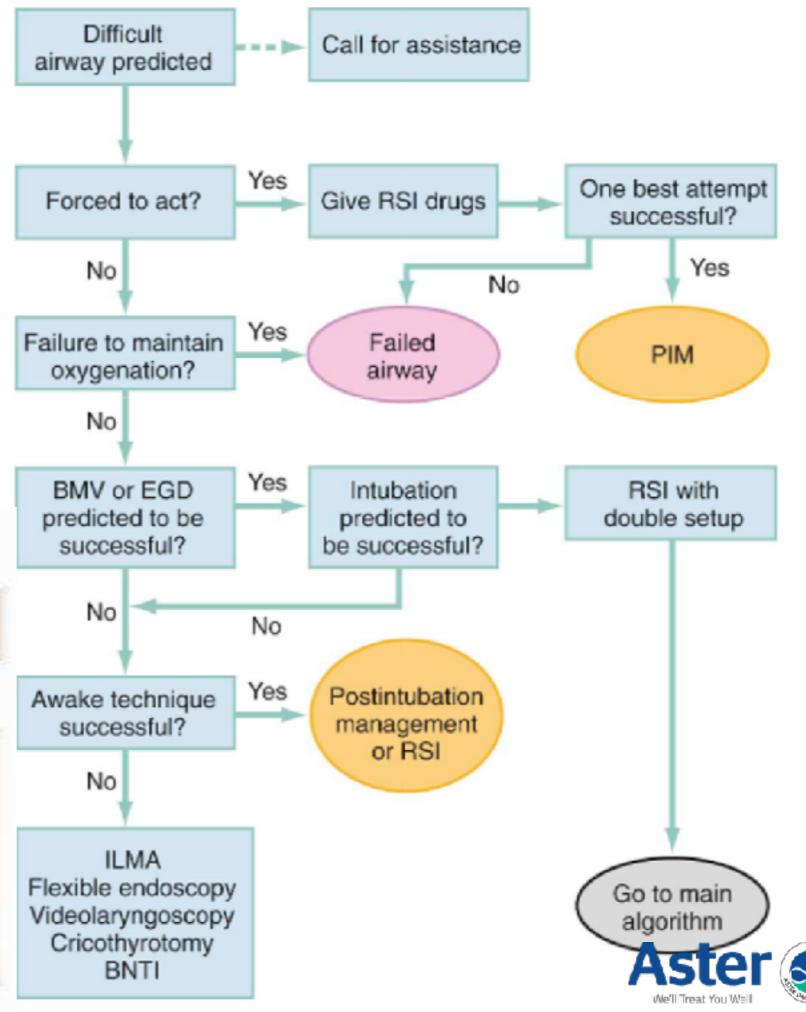






Difficult airway - Predicted







- 1. Use antisialogue in premedication.
 - 2. Aspiration prophylaxis.
 - 3. ET of assorted size.
 - 4. LMA of assorted size.
 - 5. Tracheostomy set.
 - 6. Check special airway equipment
 - 7. Keep help of senior faculty or anaesthesiologist.
 - 8. Pre-oxygenate patient
 - 9. End tidal CO2 device.







Don'ts

Don't produce deep plane of sedation

Don't use technique that you are not familiar

Avoid multiple attempts

Don't render the patient apnoeic, unless you are certain that mask ventilation can be maintained









Don't be panic!!!

- Can't see the cords ...try *BURP Remember:* BURP is NOT Cricoid Pressure
- Another attempt needed ...change something
- Failures ??
- When your best just isn't good enough-.....Call for help
- Mistakes ??? Have a backup plan -....

 "Prior planning prevents poor performance"
- Cant VentilateCant Intubate scenario is the biggest crisis in Airway management
 - Predict-Plan-Prepare-Pre-Oxygenate-Practice -Post placement care

Practice -Post piacemen



Saturation Reserve:

At 90% the patient's oxygen saturation falls off a cliff....

Actively pursue opportunities to deliver supplemental oxygen throughout the process of difficult airway management

During Pre-Oxygenation "First, do not bag!" Avoid "Sellick's" maneuver (cricoid pressure)

Use ETCO2 for tube positioning

Keep Dentures in when using a BVM

Gum Elastic bougie is not useful when laryngeal view is totally obscured

All your DA equipment are available at your ARM SPAN Know that where is your drugs and equipment located in ER



- 1) Most of the Preparatory & Practice plan in difficult airway management are based on operation theatre and anaesthesia based.
- 2) Managing DA scenario in OT is something like Five star ... but in ED and Ambulance there is No star or Minus star and highly challenging
 - 3) Emergency difficult airway scenario, there is no option to wake up the patient and plan for another session. It is rather a "do or die" situation





"Yellow" = Yes



"Purple" = Pathological





Preintubation POSITIONING

8 facts- Must know and must follow

MANTRA

- 1) E2N & Face=
- HoBup & HoPup
- 3) 360 & Belly/BeltHeight
- TeamEquipment & AssistantsReady

Face=

Face plane parallel to ceiling (or just slightly 10 degree tilt back)

Assistants ready

To help add or maintain

- Collar opening
- External Laryngeal Manipulation
- Head elevation
- Jaw thrust
- Mouth opening

6 Belly height

Head at or just above belt/belly level

2 **E2**N

Ear to Sternal Notch (sniffing) Ramp high BMI

TeamEquipment

Standardized positions for all Team members with roles Equipment on hand



HoB up

- Head of Bed up 30 degrees Reverse trendelenburg in
 - High BMI
 - Late pregnancy
 - Spinal immobilization



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360 degree access to the patient



Nutshell



HoBup & HoPup

360 & Belly/Blet Height



⊕ Can Stock Photo - csp11823379

Team Equipment & Assistants Ready





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